

Maroondah Partners in Community Wellbeing Committee
Tuesday 12 February 2019
9.30-11:30 am
Meeting Rooms 2 and 3, Braeside Avenue, Ringwood

MINUTES

Present: Bree Morison (OEPCP)
Christine Farnan (DHHS)
Ed Marrinan (NEAMI)
Edwina Ricci (Communities of Wellbeing Inc)
Jenny Royle (OELLEN)
Laura Newstead (OEPCP)
Maggie Palmer (EACH)
Melitta Penney (Eastern Volunteers)
Peter Feeney (Maroondah Ageing Network)
Vivienne Cunningham-Smith (Eastern Volunteers)
Belinda Lim (MCC)
Brian Tu (MCC)
Kirsten Jenkins (MCC)
Phil Medley (MCC) (Acting Chairperson)

Apologies: Jayde McBurnie (Women's Health East)
Kirsten Taylor (NEAMI)
Rachel Hughes (EMPHN)
Vicki Bryce (Uniting)
Cr Tasa Damante (MCC)
Cr Samantha Mazzuchelli (MCC)

- 1. Welcome & Apologies (including acknowledgement of Country) **Phil Medley****
Team Leader Council and Community Planning

The acting chairperson welcomed all Committee members to the meeting. Apologies were noted. An Acknowledgement of Country was provided.

- 2. Declaring a Conflict of Interest **Phil Medley****
Team Leader Council and Community Planning

The acting chairperson reminded members of the purpose of this item and invited members to advise of a conflict at any time. No declarations were made.

- 3. Confirmation of the Minutes of the last meeting **Phil Medley****
Team Leader Council and Community Planning

The minutes of the last meeting were confirmed. These were accepted as an accurate record of proceedings. Moved: Edwina Ricci Seconded: Maggie Palmer

4. Review of Committee Charter

Phil Medley
Team Leader Council and Community Planning

The acting chairperson explained that the Council and Community Planning team have undertaken a review of the Committee Charter and proposed some changes to reflect the current role of the Committee. The Charter had previously been last reviewed in May 2014. The Committee were asked for feedback on the proposed Charter. It was suggested to rename the Committee to 'Maroondah Partners in Health and Wellbeing Committee' to help differentiate it from 'Communities of Wellbeing' and align with the Maroondah Health and Wellbeing Plan title. Feedback from the Committee will remain open for the next three weeks, closing on 8 March 2019.

5. Maroondah Health & Wellbeing Plan 2017-2021 - Year 1 Report

Belinda Lim
Social Planning and Development Officer

Belinda introduced the Maroondah Health and Wellbeing Plan that was adopted in 2017. The four-year Plan includes health and wellbeing priorities across Council, and identifies key partners that Council will work with in improving health and wellbeing in Maroondah. The actions in the Plan work towards achieving the Maroondah 2040 Community Vision. The Health and Wellbeing Plan consists of 60 council actions, five outcome areas and eight focus areas.

The Maroondah Health and Wellbeing Plan 2017-2021 - Year 1 Report presents a new approach to reporting on health and wellbeing initiatives at Council, with a detailed report showcasing to the community and stakeholders the highlights of the first completed year of the Plan. The Report also includes a section about upcoming activities in the next 12 months. Hard copies of the Report were available at the meeting and the Report is available on the Maroondah website.

Further discussion points from the committee

- Vivienne Cunningham-Smith highlighted the Regional Training and Mentoring Project funded by the Victorian Government that provides training for volunteer managers. Vivienne also noted that she is looking for opportunities for people with a disability to volunteer.

6. The Well

Bree Morison
Project Officer - The Well, Outer East Primary Care Partnership

Bree introduced The Well website to the Committee. The Well is an online resource that shares local knowledge on health and wellbeing priority areas. The Well has information on a variety of topics including alcohol misuse, family violence, food security, mental health, healthy ageing, affordable housing and LGBTIQ. The purpose of The Well is to enable all local work to be easily available through an accessible and central location.

Bree gave a tour of the website, and layout of topic sections. Each section has 'Learn', 'Plan', 'Share', and 'Connect' tabs.

- 'Learn' provides academically reviewed background information of the topic
- 'Plan' provides useful resources such as frameworks, toolkits and strategies
- 'Share' allows people to share their expertise on the subject
- 'Connect' lists a range of partners and provides the opportunity to network effectively

The Well also has the 'In Practice' tab, which aims to assist with everyday practices. The section 'Add to The Well' was also presented. This provides an opportunity to add useful resources, general feedback or information on local projects.

Further discussion points from the committee

- Bree was asked about future plans for The Well. Bree explained they want The Well to be the first stop when people are beginning to plan a project. Another focus is to build and produce more content on the site.
- A question was raised about whether data on the website is primarily local. Bree explained that The Well provides both local and universal data. It has been acknowledged that there are gaps in local data, to which universal data will be the alternative.
- Edwina Ricci asked about the flow of traffic to the site. Bree did not have statistics available, but explained they are keen to increase the traffic. The Well is promoted via monthly newsletters, PCP newsletters and networking with partners.
- A question was asked regarding the content on The Well compared with other resources. Bree highlighted the local focus of the resource and the topic based lens of The Well.

Morning Tea

7. Regional Training and Mentoring project

Melitta Pinney

Project Manager, Regional Training and Mentoring Program, Eastern Volunteers

Melitta introduced the Committee to the Regional Training & Mentoring Project. Melitta expressed the importance of volunteering, and therefore upskilling and providing meaningful roles amongst volunteers is necessary.

The Regional Training & Mentoring Project provides four tiers of training:

- Tier 1: Volunteer Management Induction Program (Way2Go) - This tier is specifically aimed at new volunteers by providing them with resources and toolkits to lay the foundations of volunteering
- Tier 2: National Standards for Volunteer Involvement - This tier focusses on all participants and all organisations that may see volunteering as a helpful tool to use in their field of work
- Tier 3: Legal Compliance for Volunteering Management - This tier is aimed at experienced volunteer managers/coordinators. Facilitated by legal professionals and delivers the laws that applies to volunteers and the implications it has for volunteer management practices
- Tier 4: Specialised Training for Expert Volunteer Managers - Focussed on Volunteer managers who have had at least 8 years' experience. This tier specifically tailors the training to meet the needs of the Volunteer

Mentoring is offered to help ensure the training is utilised after the sessions. The workshops begin in March and are held in three different areas: Outer East, Inner East and Central. The training is available to organisations with volunteers and the Committee were welcomed to share the information.

Further discussion points from the committee

- Vivienne Cunningham-Smith mentioned the importance of volunteers and that the new Victorian Health and Wellbeing Plan will have a social capital focus.

- Christine suggested reviewing the cluster geographies to prevent confusion, as the terminology currently does not align with DHHS classifications. For example, Maroondah was classified as Inner East for the Project, whereas DHHS classify it as Outer East.

8. Maroondah 2040 Review

Phil Medley

Team Leader, Council and Community Planning

Phil discussed the Maroondah 2040 Interim Review for the 2019/20 period. Phil explained Maroondah 2040 is a community vision document and that the vision seeks to ensure Council activities and resources are aligned to meet the needs of the Maroondah community.

The purpose of the interim review is to review the progress over the past 5 years, identify any emerging trends, check in with the community and stakeholders and help align Council's future direction for the next 5-10 years.

In 2018, Council engaged consultants to report on emerging trends and implications for Maroondah. The background report identified the following key themes: Social Equity, Mental Health, Family Violence, Job Opportunities, Climate Change and Transport Changes.

Council has also engaged with the community on the emerging trends at Realm, Café Consult at Maroondah Festival, Australia Day, and an upcoming stakeholder workshop on 13 March 2019. Feedback has mostly been consistent with the previous Vision process undertaken in 2013 and 2014, with key topics such as affordable housing, maintaining greenery, and reducing development. During the 2019/20 period, Council will undertake further engagement on the implications of the emerging trends and develop a refreshed Vision document.

Council asked the Committee for feedback on three of the emerging trends:

Social Equity:

- What is currently being done to address this issue?
 - Victoria Alive forum held on 28 March - developing eastern regional actions towards increasing volunteer opportunities for people with disabilities
 - Volunteer Resource Centre: Helps organisations to design their volunteer programs
- What are the challenges when addressing this issue?
 - Consistent with community feedback, affordable housing will be a challenge

Mental Health

- What is currently being done to address this issue?
 - Variety of services available but need more awareness and scope
 - Lack of coordination and services that compete for funding
- What are possible opportunities to address this issue?
 - Royal Commission: highlight the need for more money
 - Outreach with existing services into businesses and schools
 - Adopt a positive framework for future planning
- What are the challenges when addressing this issue?
 - Constant change in service provision which makes it difficult to plan the continuity in services
 - Providers working in silos

Family Violence

- What is currently being done to address this issue?
 - Family Violence is a State and Federal priority
 - 'OurWatch' is a Federal government initiative aiming to prevent violence against women and their children
 - Provides data specific measures such as Maroondah
 - Royal Commission provides funding, office for women, and family violence services
 - 'The Orange Door': A free service for women to access services who are experiencing family violence

9. Information Share

All

- Vivienne Cunningham-Smith shared the following on behalf of Eastern Volunteers:
 - Disability forum on March 28th discussing increasing volunteer opportunities for people with a disability
 - Free Governance training is available next week with six places still available
 - Upcoming 'How to Write Minutes and Financials' training
- Maggie Palmer explained EACH are sharing evaluation findings from their bush therapy program: WILD, which helps youth with mental illness. The session will be held in April.
- Maggie also shared EACH have funding available for neighbourhood houses to run Prevention of Violence Against Women sessions.
- Kirsten Jenkins shared that Council have been nominated in the 2019 LGPro Awards for Excellence for the Maroondah Hoarding and Squalor Network and website.

The meeting closed at 11:45 am

Next Meeting: 7 May 2019